

# You Need to Calm Down

Adapted for Major 6 (Coast Music)

Taylor Swift/Joel Little  
arr. Benjamin Nicholas  
(adapted by Beth Rohde)

$\text{♩} = 84$   
*mf*

Stella  
and I'm just like oh oh — you're be-in' too loud you need to calm

Riley  
and I'm just like oh oh you're be-in' too loud you need to calm

Julia  
and I'm just like oh oh — you're be-in' too loud you need to calm

Ria  
and I'm just like oh oh — you're be-in' too loud you need to calm

Teagan  
and I'm just like oh oh — you're be-in' too loud you need to calm

5

S  
you need to calm down hey!

R  
you need to calm down hey!

J  
5  
you need to calm down hey!

V  
you need to calm down hey!

T  
you need to calm down Ba

6

S

R

J

V

T

*Enter Beat Box:*

doom bop bop      ba doom bop bop      ba doom bop bop      ba doom bop bop      ba

10

**A**

S

R

J

V

T

*mp*

You are some-bo-dy that I don't know      but you're      ta-kin' shots at me like it Pa-tron and I'm just like

*mp*

hoo      that I don't know      hoo      like it's Pa-tron

*mp*

hoo      that I don't know      hoo      like it's Pa-tron

*mp*

hoo      that I don't know      hoo      like it's Pa-tron

*mp*

doom      bop      bop      ba      doom      bop      bop      ba

12

S Man! it's se-ven A - M

R Man! oh *mf* it's se-ven ay - eh - hem\_\_\_\_

J Man! oh *mf* it's se-ven ay - eh - hem

V Man! oh it's se-ven ay - eh - hem\_\_\_\_

T doom bop bop ba doom *mf* it's se-ven ay - eh - hem\_\_\_\_

14 *mp*

S hoo that's a knock-out boom! that's a cop - out

R say it in the street that's a knock-out but you say it in a tweet that's a cop-out and I'm just like

J *mp* hoo that's a knock-out boom! that's a cop - out

V *mp* hoo that's a knock-out boom! that's a cop - out

T *mp* doom bop bop ba doom bop bop ba

16

S hey hey are you o - kay - ee - yay?

R hey are you o - kay? o - kay - ee - yay?

J 16 hey hey are you o - kay - ee - yay? and

V hey hey are you o - kay - ee - yay? and

T doom hey hey are you o - kay - ee - yay?

*f*

18 **B**

S *mf* ooh uh

R *mf* ooh uh

J 18

V I aint try - na mess with your self - ex - pres - sion but I've learned the les -

I aint try - na mess with your self - ex - pres - sion but I've learned the les -

T *mf* ooh uh

19

S ooh uh huh

R ooh uh huh

J son that stress - in' and ob - ses - sin' 'bout some - bo - dy else is no

V son that stress - in' and ob - ses - sin' 'bout some - bo - dy else is no

T ooh uh huh

20

S oo snakes and stones ne - ver broke my bones so

R oo snakes and stones ne - ver broke my bones so

J fun and snakes and stones ne - ver broke my bones so

V fun and snakes and stones ne - ver broke my bones so

T oo snakes and stones ne - ver broke my bones so

22 **C**

S oh oh \_\_\_\_\_ you need to calm

R oh oh \_\_\_\_\_ you need to calm

J oh oh \_\_\_\_\_ you need to calm

V oh oh \_\_\_\_\_ you need to calm

T oh oh \_\_\_\_\_ you need to calm

24

S down - you're be-in' too loud you're be - in' too loud and I'm just like

R down you're be-in' too loud you're be - in' too loud and I'm just like

J down you're be-in' too loud you're be - in' too loud and I'm just like

V down loud you're be - in' too loud and I'm just like

T down you're be-in' too loud you're be - in' too loud and I'm just like

26

S oh oh \_\_\_\_\_ you need to just

R oh oh \_\_\_\_\_ you need to just

J oh oh \_\_\_\_\_ you need to just

V oh oh \_\_\_\_\_ you need to just

T oh oh \_\_\_\_\_ you need to just

28

S *p* stop ooh \_\_\_\_\_ *f* uh *p* step on my gown

R *p* stop ooh \_\_\_\_\_ *f* uh *p* step on my gown

J stop ooh \_\_\_\_\_ uh step on my gown

V stop ooh \_\_\_\_\_ uh step on my gown

T stop like can you just not step on my gown you need to calm

30

S

Snaps on 2 & 4

**D**

*mp*

hoo \_\_\_\_\_ huh oo \_\_\_\_\_ you need to calm down \_\_\_\_\_ you need to calm

R

hoo \_\_\_\_\_ huh oo \_\_\_\_\_ you need to calm down \_\_\_\_\_ you need to calm

J

30

Snaps on 2 & 4

*mp*

hoo \_\_\_\_\_ huh oo \_\_\_\_\_ you need to calm down \_\_\_\_\_ you need to calm

V

hoo \_\_\_\_\_ huh oo \_\_\_\_\_ you need to calm down \_\_\_\_\_ you need to calm

T

Snaps on 2 & 4

Riff

down

33

S

you need to calm down I'm just like hoo \_\_\_\_\_ huh

R

you need to calm down I'm just like hoo \_\_\_\_\_ huh

J

33

you need to calm down I'm just like hoo \_\_\_\_\_ huh

V

you need to calm down I'm just like hoo \_\_\_\_\_ huh

T



35

S

oo \_\_\_\_\_ you need to calm down \_\_\_\_\_ you need to calm

R

oo \_\_\_\_\_ you need to calm down \_\_\_\_\_ you need to calm

J

35

oo \_\_\_\_\_ you need to calm down \_\_\_\_\_ you need to calm

V

oo \_\_\_\_\_ you need to calm down \_\_\_\_\_ you need to calm

T

37

S

rit.

you need to calm down

R

you need to calm down

J

37

you need to calm down

V

you need to calm down

T

you need to calm down

Snaps end